

Construction Safety (HSE) Plan

Site rules, PPE, hazards, emergency contacts — print and post on the site board

Project	4-bedroom bungalow (example)	Location	Lugbe, Abuja
Client	Mr & Mrs Adeyemi (example)	Contractor	Example Builders Ltd
Safety officer	(name, phone)	Plan date	13-Oct-2026

SITE RULES

- No PPE, no work — boots and helmet at all times; harness above 2m
- No alcohol or drugs on site; anyone impaired is sent home
- Visitors sign in at the gate and are escorted
- Report every injury and near miss to the supervisor the same day
- Toolbox talk every Monday 7:30am — attendance recorded

PPE REQUIREMENTS

Activity	PPE required	Supplied by	Checked
All site work	Safety boots, helmet, reflective vest	Contractor	Yes
Concrete & mortar	Rubber boots, gloves, eye protection (cement burns)	Contractor	Yes
Block cutting / grinding	Goggles, dust mask, ear protection	Contractor	Yes
Roofing & scaffolds	Full-body harness, lanyard tied off	Contractor	No
Welding	Welding shield, leather gloves, apron	Subcontractor	Yes

KEY HAZARDS AND CONTROLS

Hazard	Control measures	Responsible	Status
Falls from scaffold / roof	Steel scaffold with guard rails & toe boards; inspected weekly; harness on roof	Foreman	In place
Trench collapse	Trenches over 1.2m battered or shored; spoil kept 1m from edge	Supervisor	In place
Falling objects	Exclusion zone under work at height; helmets; no throwing materials	Foreman	In place
Electrical shock	Generator earthed; no exposed cables; RCD on site supply	Electrician	Pending
Heat stress	Drinking water on site; heavy work before 12pm in dry season	Supervisor	In place
Manual handling	Two-man lift for cement bags/rods over 25kg; wheelbarrows	Foreman	In place

EMERGENCY

Contact	Name / location	Phone
National emergency	—	112

Nearest hospital	(name, distance)		
Fire service			
Site first aider	(name)		
Company director	(name)		

First aid box location: site office. Fire extinguisher: site office and generator house. Assembly point: front gate.

Prepared by (safety officer)	Approved by (contractor)
Name:	Name:
Date:	Date:

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